

TULLY FIRE DISTRICT

*1 Railroad Street
Tully, New York 13159*

DISTRICT POLICIES

Policy Number: 95-002

Department: Operations

Subject: Annual Physicals

Date: June 8, 1995

Revised: February 4, 2008

Revised: January 1, 2011

Revised: January 4, 2012

It is the policy of the Tully Fire District to assure that **all new and current** members and staff working for the district are physically able to complete the duties assigned to their job function.

All members are required to have an annual physical either one month before or one month after the last physical on record. There is a chart posted in the fire station showing the members last annual physical date.

The Tully Fire District will use the NFPA 1582 standard as guideline for the testing related to physicals. The board will instruct the **district's designated** medical facility that they are to use this standard as a guideline.

There will be established four separate classes of firefighters.

Class 1 – Interior Structural and Driver firefighter with SCBA capabilities.

Class 2 – Exterior Structural firefighter with SCBA capabilities.

Class 3 – EMS Providers and Fire Police

Class 4 – Non firefighter Administrative only

These classes of firefighter are established to enable all current firefighters an opportunity to continue in the fire service. The classes are established to determine the firefighter's job capabilities.

All prospective firefighters must meet the requirements of a classification of a firefighter in order to be accepted as a regular firefighter of the Tully Fire District.

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Policy Number: 95-002 Cont'd

It shall be acceptable for certain components of the annual occupational medical evaluation to be performed by a member's private physician provided full results are forwarded in the required time frame to the fire department physician.

Each medical evaluation shall include a medical history (including exposure history), physical examination, blood tests (as indicated), vision tests, audiograms, spirometry, chest X-ray (as indicated), electrocardiogram, cancer screening (as indicated), and immunizations and infectious disease screening (as indicated).

Examination Requirements for Class I including but not limited to:

- 1. Vital Signs**
- 2. Head, eyes, ears, nose, and throat (HEENT)**
- 3. Neck**
- 4. Cardiovascular**
- 5. Pulmonary**
- 6. Breast**
- 7. Gastrointestinal (includes rectal exam for mass, occult blood as indicated)**
- 8. Genitourinary (includes pap smear, testicular exam, rectal exam for prostate mass as indicated)**
- 9. Hernia**
- 10. Lymph nodes**
- 11. Neurological**
- 12. Musculoskeletal**
- 13. Skin (includes screening for cancers)**
- 14. Vision**

Examination Requirement for Class II

- 1. Must pass all requirements for Class .**
- 2. Or as directed by the Tully Fire District authorized medical facility.**

Examination Requirement for Class III:

- 1. Must pass all requirements for Class II except Pulmonary function, and fit test.**

Examination Requirements for Class IV:

- 1. Fail any of the following from the Class III list.**

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In a event a member fails to be examined within a three month period, beginning on the date of the physical is scheduled, the member will be assigned as a Class 4 firefighter as directed by the board of fire commissioners until the exam is completed.

If an active member cannot pass the Class 1 requirement, that member must cease all duties as a Class 1 firefighter and assume the duties commensurate with their physical job capabilities. If at a subsequent time the member is able to successfully pass the Class 1 physical, they may be reassigned as a Class 1 firefighter.

Members are required to notify the District Chief or a Commissioner in charge of personnel, of any medical condition that may affect the health and safety of the firefighter or others. The member will be required to provide a doctors letter stating that the member is on medical leave. This notification must be made as soon as possible after the member is made aware of the condition.

Upon completion of the Medical Leave, the member will provide the fire district with a doctor's letter stating that they can return to duty as a class 1, 2, 3, of 4 as per this policy.